

MS 101

A NEW PROGRAM DESIGNED FOR THE
NEWLY DIAGNOSED.

After a diagnosis of multiple sclerosis, there are a million questions. Come get answers by attending MS 101, an exciting new in-person program developed and led by Dr. Donna Graves, Dr. Annette Okai and Dr. Angie Bates Flores. This three-session course is designed for individuals who have been diagnosed within the last three years, and it will equip you with the tools and knowledge you need to live your best life with MS.

Register today for the final session:

Course 3: Symptom Management | September 27, 2014, 10 a.m. - noon

Discussion will include fatigue, cognitive issues, mood-related symptoms, bowel/bladder issues, spasticity and sexual dysfunction.

Did you miss the first or second session last spring? No problem! Come to our final session, and we will have packets available from our first two sessions:

- **Course 1: Intro to MS / Health & Wellness**
- **Course 2: Disease Modifying Therapies and Research Update**

This is a **FREE** program for anyone who has been diagnosed within the last three years. Attendees are welcome to bring one adult guest. Sessions held at:
IMC2, 12404 Park Central Drive, Ste 400, Dallas, TX 75251.
Light refreshments will be served.



**National
Multiple Sclerosis
Society**

Space is limited. Please **RSVP by Sept. 24.**
1-800-344-4867, option 1